**EXPEDITION ROUTE CARD**



|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date of expedition:**01/03/22 | **Day number:**1 | **Names of team members:** |  |  | **Team Name:** Mendip 1**Name of School: Mendip 1Level:** Bronze / Silver / Gold |
|  |  |  |
|  |  |  |
| **Leg** | **Start Location:**Crook Peak Carpark | **Walking Speed (km/h):**3 | **General direction****/ bearing** | **Distance****in km** | **Height climbed in m** | **Time Allowed For:** | **Total Time for leg** | **Estimated Time of Arrival** | **Setting out time:**  |
| **Walking** | **Height Climbed** | **Aim Rests****Meals** | **Brief description of route to be followed** | **Escape Route** |
| **Grid:** ST 392 551 |
| **1** | **To:** Crook Peak | NW | 1.6 | 160m | 30min | 16min |  |  |  | Head south east along contour then east up steep hill. Turn north west (left) and continue up path until top of hill. | Downhill to the road or back to the car park. |
| **Grid:** ST 388 558 |
| **2** | **To:** Kingswood car park | E | 3.8km | 70m | 1hr 20min | 7min |  |  |  | From Crook peak head down (north east), straight over 2 sets of cross roads then uphill to trig point. Then back down until car park. | Follow path out to the road on the north or south of Compton Hill. |
| **Grid:** ST 423 561 |
| **3** | **To:** Footpath Junction (WinterHead Hill) | NE | 2.3km | 100m | 50min | 10min |  |  |  | Follow path round to east and then north east, following Fence line. Take 4th path on the north (left) through Winterhead Hill Farm until path cross roads.  | A38. Towards Oakridge Farm. Shipham Road |
| **Grid:** ST 442 571 |
| **4** | **To:** Footpath / A38 junction | NW | 1.13km | 3 | 25min  | 3min |  |  |  | Take path to the right (NW) downhill, through Winterhead. Over at cross road in minor road and follow it until the main road. | Carry on towards A38 or back to Shipham road. |
| **Grid:** ST 433 579 |
| **5** | **To:** Upland Cottages | NW | 1.1km | 0 | 20min | 0 |  |  |  | Cross main road, follow footpath along fence line. Until minor road, go Left along road for 500m. Take path to right up to Uplands Cottages. | Shipham Lane or back to A38 |
| **Grid:** ST 423 584 |
| **6** | **To:** Mendip Basecamp | NE | 1.3km | 80m | 25min | 8min |  |  |  | Take path up to north into sandford woods then follow it to the right. Take gate on left just after the wood to get into campsite. | Carry on to the campsite or back to Shipham Lane |
| **Grid:** ST 431 591 |
| **7** | **To:** |  |  |  |  |  |  |  |  |  |  |
| **Grid:** |
| **Totals:** | 11.4km | 413m | 3hr 40min | 43min |  |  | **Expedition Aim:**  |
| **You must use the compulsory checkpoints. It will also be necessary to add your own checkpoints.Use at least one route card per day. Start a new route card for each new day.** |

Blank copies of this route card can be downloaded from mendip.me/downloads